



What does the LLLI Alumnae Association offer?

- CONTINUUM—with articles on personal growth, parenting, women's health issues, current breastfeeding research, book reviews, news about LLLI, and LLLI Alumnae activities.
- Social events—formal (such as our gala evening at The Kennedy Center and the Viansa Winery Tour) as well as informal gatherings at Area and LLLI Conferences.
- Trips—as varied as a Savannah, Georgia sojourn and a Grand Canyon hike.
- Resource development—in collaboration with LLLI Funding Development Department.
- Online connections—at lalecheleague.org/Alumnae.html and through the LLLI Community Network, an online source for worldwide connections among Leaders and Alumnae members.
- Special projects—including a retiring Leader survey, the LLL Author's project, the LLL Education Network, Leader recognition, and our famous Conference rejuvenation.
- Extra benefits—such as discounts on LLLI Catalogue items and Conferences, and term life insurance for eligible members.

“Being a part of the Alumnae Association means being surrounded by the most wonderful and wise group of mentors one could ever imagine! Every time I reach a new ‘challenging time’ as a parent or as an active Leader, I have a whole group of women who encourage me to keep at it! My Alumnae friends inspire me as a woman and constantly remind me that I’m not really getting older... I’m just getting better!”

—Meg Sondey, Leader

“The LLL Alumnae Association has enriched my life tremendously. As a member of the ‘sandwich generatio’ dealing with grandchildren, aging relatives, full time employment, and myriad other life challenges, my Alum friends have been invaluable. Their wisdom, compassion, experience, resources, and appreciation for shared goals and values have kept me going”

—Janet Jendron, Alumnae Member

“The LLLI Alumnae Association can strengthen loyalty, friendship, commitment, and communication among all current and former Leaders, which is why it isn’t just for retired or long time Leaders. The Alums have unlimited potential to connect friends of LLLI in making the LLLI mission a reality for all mothers and babies.

—Jane Tuttle, LLLI Board Member



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Havasu Canyon photo by Pat Orzech

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Alumnae Association

Connections, Support, Adventures, Fun!



What is the LLLI Alumnae Association?

The LLLI Alumnae Association is the vehicle through which La Leche League members and Leaders continue a lifelong affiliation with LLLI. Membership in the Alumnae Association is offered as a natural transition for retiring Leaders who want to maintain their LLL connection, as well as for active Leaders and members who wish to expand the application of LLL philosophy into other stages of their lives.

What are the LLLI Alumnae Association goals?

- To ensure the existence of LLLI for upcoming generations of mothers, children, and grandchildren—including our own.
- To develop a network of information and support among members.
- To promote the LLL mission and philosophy in our jobs and communities.
- To locate and keep in touch with retired Leaders worldwide.
- To serve as a resource to Areas and LLLI for planning and program development.
- To oversee special projects.
- To provide opportunities to recognize the accomplishments of past Leaders/members.
- To support LLLI financially.



The LLLI Alumnae Association is for women who:

- have been or are currently La Leche League Leaders or members,
- want to build on the philosophies of La Leche League as their children grow,
- are interested in sharing their joys and concerns about school-age children, teens, grandparenting, aging parents, and other family relationships,
- want to continue to support the work of LLL in a meaningful way,
- want to keep up-to-date on research and breastfeeding issues,
- want to keep informed about the growth of LLLI—its projects, plans, and accomplishments,
- would like to stay in touch with others who are now or have been active in La Leche League,
- want to participate in fun-filled activities and adventures, and
- want to be a part of a worldwide network of women sharing and learning from one another as they reach new life stages.

Join the Alumnae Association today!

YES, I want to keep in touch and support the work of La Leche League. (A one-year membership to the LLLI Alumnae Association is \$30 or, if you are a current member of LLL in any category—individual, family, Leader, or Leader Reserve—your membership is just \$10.)

I would like the following:

- \$10 for LLLI Alumnae Membership (includes CONTINUUM)—I am currently an active LLL Leader/Leader Reserve, or Member
- \$30 for LLLI Alumnae Membership (includes CONTINUUM)—I am currently a retired LLL Leader or Member
- \$46 for an LLLI Individual and Alumnae Membership (includes NEW BEGINNINGS and CONTINUUM)
- \$75 for a 3-year LLLI Alumnae Membership
- \$125 for a 5-year LLLI Alumnae Membership

\$_____ is enclosed for an additional contribution to the LLLI Alumnae Association

Check to LLL International enclosed

Please charge my VISA or MasterCard:

Account Number _____ Exp. Date _____

Signature _____

Name (Please print) _____

Address _____

City _____ State _____ Zip/Postal Code _____

Email Address _____

Current LLL status _____

Send to: La Leche League International, P.O. Box 4079, Schaumburg IL 60168-4079, USA.

Thank You for helping us support breastfeeding mothers and babies!